

MONTEREY COUNTY BAR ASSOCIATION

presents

**“STRESS AND THE SELF-MEDICATING
PROFESSIONAL”**

**A WORKSHOP ON STRESS MANAGEMENT
AND THE PERILS OF SELF-MEDICATING MOODS WITH
ALCOHOL AND OTHER DRUGS**



Speaker: Mark Willison, MFT

Since 1987 Mark has specialized in working with executives and professionals experiencing anxiety and/or depression stemming from work or career related stress. Mark also consults with local corporations, hospitals, and small businesses providing team-building seminars, conflict resolution training and various mandated employee-related trainings. In addition to his private practice, Mark spent nearly 20 years directing chemical dependency treatment programs.

**Wednesday, September 14, 2011
Brown Bag 12:00 – 1:00 p.m.
Monterey Courthouse**

**One Required CLE unit – SUBSTANCE ABUSE
(This is the last CLE in Substance Abuse for 2011)**

The Monterey County Bar Association certifies that this program conforms to the standards for approved legal education activities prescribed by the Rules and Regulations of the State Bar of California governing minimum continuing legal education.

MCLE Credit: One (1) Hour Substance Abuse (required).

Speakers do not receive compensation for their presentations.

SUBSTANCE ABUSE

NAME: _____ SBN: _____

MCBA Members: \$25___ Non-Members: \$35___ STUDENTS/COURT STAFF: FREE

Return this form to reserve your space to MCBA, P.O. Box 1371, Salinas, CA 93902 with check payable to Monterey County Bar Association. Questions? Call Elaine 582-3600